



STEPS TO TAKE IF YOUR STUDENT OR A FAMILY MEMBER IS SICK

To: Families of Ill Children or Other Family Members

~who experience two or more symptoms of COVID-19

~who are not a known close contact of a positive COVID case

If a student or family member member is sick, we request that they remain home until you speak with their healthcare provider (HCP) and follow his/her instructions. Your HCP may wish to see the ill person to possibly make an alternative diagnosis or order a COVID test. Until further information from your HCP or test results are complete, any siblings or family members within your household should remain home. Feel free to share this letter with your HCP as you discuss next steps. HCPs: Please reference the end section of this letter.

If you choose not to speak to your HCP, the ill student/family member should quarantine at home for 10 days and until symptoms are improved and the student/family member is fever free. Any siblings or school family member in your household would need to separate within the home away from the ill person. Those siblings would then need to quarantine/stay home from school an additional 14 days after their last exposure to the ill person in your home.

If your HCP makes an alternative diagnosis or is confident that the ill person's symptoms are not a COVID concern, then please submit signed documentation from your HCP stating such and clearing a return to school. Siblings or household members may then return to school and the ill student may return to school according to the illness protocols for that diagnosis. For example, 24 hours after a fever has resolved with no use of medication; or 24 hours after vomiting has subsided; or 24 hours after initiating antibiotics for strep throat. In addition, a cough diagnosed as a non-COVID condition should be mild, infrequent and under control; a runny nose should be improved enough that the student is not wiping this secretion on surfaces/clothing; a sore throat diagnosed as non-COVID should be mild and the student able to eat, drink, talk freely, etc.

If your HCP orders a COVID test, then the student/family member should remain home until the results are received and you have communicated results to the school. Again, siblings and household school family members should also remain home until these results are complete.

- If negative, then the ill student/family member can return after symptoms have resolved (24 hours after fever, vomiting, diarrhea have subsided, etc.). Siblings and household family members who are asymptomatic can also return to school.
- If positive, then the ill student/family member will isolate at home away from your family members; your household family members will also remain home to quarantine. The timelines will be confirmed with you by the WOPHD and school. If you are unable to isolate in your home from the positive case, then your timelines will be modified accordingly and explained to you.



If your HCP is unable to confirm an alternative diagnosis and you choose not to obtain a COVID test, then the student/family member should remain home for 10 days and until symptoms are improved and student/family member is fever free. Stay in touch with your HCP after your first visit if new symptoms arise. Your HCP may change his/her diagnosis or testing recommendations based on new symptom development. Siblings or household family member members would also need to remain home during this time and separate from the ill person. If full separation can occur in your home, then siblings or household family member members would need to quarantine for 14 days after their last exposure to the sick person in your home. If full separation cannot occur in your home, then the siblings or household family members would quarantine for 14 days after the ill person's 10 days are over, which could result in 24 days home for those siblings or household family members.

If you are unable to obtain a test for COVID-19 through your HCP and you wish to obtain one, please contact the School Office who may have other testing resources available to you.

For more information regarding symptoms, quarantine/isolations timelines and what to do if someone is sick, please visit:

- [SJ23 COVID-19 Student Illness Tool](#)
- [Quarantine and Isolation Guidelines](#)
- [What to do if you are sick.](#)

FOR HEALTH CARE PROVIDERS:

St. John XXIII Catholic School is following the Washington-Ozaukee Public Health Department's guidance regarding sending ill students/staff home. If you believe an ill person's symptoms are known to you as matching an alternative diagnosis, OR if you believe the student's symptoms raise no concern for COVID-19, please update us with a statement reflecting such and a return-to-school clearance date for the ill person. If the alternative diagnosis is a chronic condition for a student, and if the parent is comfortable with the school knowing that information, then it would be helpful for you to list the diagnosis and/or expected symptoms the student may predictably experience in the school setting. Our goal is to keep non-infectious staff and students at school.